

Holiday Gathering Exposure to Illness Self-Assessment

The purpose of this self-assessment is to predetermine the risk of potential exposure to COVID-19 your family may have while hosting or attending a holiday gathering or event. Your answers will us maintain a healthy treatment environment. The term “others” refers to people OUTSIDE your household. **Call your clinical supervisor if you check any red box.**

Red- High Risk

Green- Low Risk

ASSESSMENT QUESTIONS	Yes	No	Don't know
LOCATION OF EVENT OR GATHERING			
Was the activity/event or gathering at a location outside of your home?			
Were multiple locations and/or public locations visited during the event or gathering?			
Were participants indoors together for any portion of the activity or gathering?			
Was the gathering or event held outdoors?			
DIVERSITY (Tell us about the people were with)			
Were you with more than 6 people outside of your household during the event or gathering?			
Were you with others who you don't have contact with normally?			
Were there others present who were unknown to you?			
Were there others present from out-of-town?			
Had anyone present recently been sick or tested positive for COVID?			
DISTANCE (Tell us about physical interactions)			
Were you closer than 6 feet from others at any time?			
Did you physically interact with anyone? (hug, handshake, etc.)			
Were you in a car or other vehicle with others?			
DURATION (Tell us about how long you were together)			
Did the event or gathering include an overnight stay?			
Were you in close contact with others for extended periods of time (15 minutes +)?			
OTHER FACTORS			
Did you and others wear a face covering at all times?			
Did you wash or sanitize your hands frequently?			
Did you share food, utensils, cups, towels, or other items with others?			

By signing below, I attest that the answers provided above are accurate and truthful to the best of my knowledge.

Child's name

Parent/Caregiver Signature

Date

Healthy Tips for a Fun and Safe Holiday Season

The CDC has these recommendations for lowering your risk during the holiday season:

- Wash your hands often.
- Avoid touching your eyes, nose and mouth with unwashed hands.
- Put distance (at least 6 feet) between yourself and others while outside of the home.
- Cover your mouth and nose with a cloth face cover when around others.
- Cover coughs and sneezes.
- Monitor your health and watch for symptoms.

If you are hosting and or attending a gathering please read our tips for ensuring the health and safety of you and other guests. These are available through HR and your site office admin.